



## Reviews from Schools and Organizations Using Healthy Relationships 101

“The program has helped our students not only build self-esteem but it has given them the tools to be effective communicators.”

Robert Gentile, Principal  
Health Professions High School  
New York, New York

“I recommend Michael Jasz and The Relationship Foundation, because after teaching in inner city schools in London and New York City, I have never come across a provider of learning for teachers and students, that addresses the fundamental need in public education for Social and Emotional Learning in such an inspiring and academic way.”

Rebecca M.K. Centeno  
Teacher  
John Adams High School  
Queens, New York

“I am a Special Education Teacher with over twenty years' experience working with at-risk youth. I have a degree in Rehabilitation Counseling and currently run the Behavior Program at a large suburban high school. I have worked with children with every type of diagnosis known to medicine and psychology. Many of the children in our RTI and Special Education programs are communicating loudly through their behavior but they are not equipped with the vocabulary to reach the people who can help. Having worked with pregnant/parenting teens, kids that were active gang members, and kids that had substance abuse issues and academic issues, I know a curriculum like this could have been of great benefit to them. Healthy Relationships 101 creates a module for increasing relational capacity between students and teachers using best educational practices.”

Donna Wolfe  
High School BASE Teacher  
Behavior Academic Support Education  
Garland, Texas

“We are very excited about this curriculum—possibly even more than before we began—and are so grateful to be able to share it. We are teaching it in the city’s Alternative Learning Center and students are getting full English credit who attend. Students are engaged, completing and handing in worksheets. The director of the school wants to offer it ongoing. Thank you for keeping in touch and for your guidance.”

Kristen Partlow  
Violence Prevention Coordinator  
Community Health CHI St. Joseph's Health  
Park Rapids, Minnesota

"I am using the curriculum in an alternative school for middle and high school students. It's been excellent! Many of the students in my groups have behavior problems, self-esteem issues or just plain old teenager issues. The curriculum is really helping them understand thinking of others needs, having empathy, understanding the difference between needs that are met and not met, feeling, etc. I really enjoy using it, the teachers are so thankful to have me there to facilitate it and the counselors/case managers are really excited to see the students start talking about things in a healthy way.

I have been spreading the word about your book and the guide to other advocacy centers and at meetings. It's been well received in my schools and I hope that it spreads to many, many more."

Jennifer Azzarano  
Education Specialist  
Beyond Abuse  
Greenwood, SC

"We have been using the curriculum in class, and it is a great jumping point to keep the kids interested and involved. The content is fantastic, so I appreciate what you guys have come up with!"

Rob Christensen  
Middle School Counselor  
Thompson Falls Public School  
Thompson Falls, Montana

"Michael led a rich and engaging workshop on the importance of communication in establishing healthy relationships. Michael was a great facilitator, and the students were actively contributing to discussions and activities. They had fun too!"

Sarah Cacicio  
Program Coordinator  
Pathways to Graduation  
Queens, New York

"We have found the topics to be very relevant and important for our students. Your topics and insights are on point."

Dianna Moyer  
Assistant Principal  
South Paulding High School  
Douglasville, Georgia

"We're thrilled with the program. We have been using Healthy Relationships 101 in our Life Skills class with Middle and High School students ranging from 10-18. The students are using it to manage sibling, parental and dating relationships. They are aware that relationship skills are some of the most valuable tools that will affect the rest of their lives both personally and academically. This summer, we'll incorporate this program into our co-op classes."

Ty Salvant  
Founder Young Scholars  
Homeschooling Network  
New Orleans, Louisiana

"I am working with addiction and mental health clients. Many of the triggers to previous behavior have been sighted as a reaction to poor communication and confrontation with loved ones. We meet 2 hours a week and do one unit at a time depending on where the conversation goes.

Clients are now forming articulate, empathic, nonjudgmental requests as we are finishing session 4. We do pairs, role plays, and I give homework which uses the new skills. Clients report back how it worked for them or what they experienced. Positive feedback has prompted me to start a new group with new people so more people can benefit."

Stephanie Sireix, MS, LPC, CADCI, QMHP  
Polk County Behavioral Health  
Dallas, Oregon

"I found your curriculum online. I am currently tasked to teach inmates enrolled in the reentry program about marriage. In our last two years of meeting with the brothers at the detention center, we noticed most, if not all, are not married, but are in a relationship of some sort. We decided to focus on relationships with marriage being the goal. My search for a standard curriculum on relationships led me to your site. I reviewed the empathy session in the guidebook and that hooked me."

Ken Stevenson  
Prison Counselor  
Inmate Reentry Services  
Philadelphia, Pennsylvania

"Upon introducing the empathy lesson, my group members responded with an open mind. They related to the material, which led to a full discussion of their behaviors and the impact it has had on others, giving them an opportunity to step in another's shoes. It provided perspective and understanding of their behavior and its impact on their loved ones and the surrounding community. This population will truly benefit from a fuller understanding of boundaries, empathy, and respect."

Kathleen Burns  
Sex Offender Treatment Counselor  
Otero County Prison Facility  
Chaparral, NM

“We are using the curriculum, and the inmates have been receptive to it. How to differentiate between what is a “request” vs. a “demand” seems to blow their minds!! We like the concept of reducing conflict by the idea of it’s not the needs that are a problem, it’s the strategies to meet those needs. There’s some really good stuff in your book that helps to put the information from the sessions in context.”

Corinne Kiedrowski  
Unit 6 (Pre-Release)  
Wisconsin Prison Resource Center  
Winnebago, WI