

September 5, 2018

Michael Jasz
Executive Director
The Relationship Foundation
321 East 10th Street, Suite 3E
New York, NY 10009

Dear Mr. Jasz:

Samaritan Daytop Village(SDV) has benefited from Healthy Relationships 101 curriculum in the following ways:

- The Relationship Foundation's facilitator training was informative and equipped our team of 12 facilitators with the knowledge to provide essential and transformative healthy relationship life skills.
- During our staff's training session key discussions around Adverse Childhood Experiences (ACEs) and World of Conflict were great reminders to assist the facilitators in running groups in a non-judging empathetic manner.
- The training also provided great skills to store in our facilitator tool kits to deliver thought provoking group discussions.
- We have incorporated Healthy Relationships 101 as one of our evidence-based curriculums facilitated in ten 90 minute sessions to incarcerated men in the New York City jail-based pre-release SMART program
- Healthy Relationships 101 is one of the curriculums loved by our group participants because it shows how relationships don't have to be so difficult. In general, people love talking about relationships. Popularity in Realty TV and media coverage of the human connection show the world's obsession with relationships. Healthy Relationships 101 handouts guide our groups into life change and thought provoking discussions. One participant even mentioned that he has been sharing with his wife during phone calls. Thus the power of this curriculum is changing lives, families and communities as our participants are given a new way to think about relationships.

Mr. Jasz I thank you and your team for being change agents for relationships. Human connection can be made difficult by our perceptions, insecurities and learned behaviors. Healthy Relationships 101 is truly a "Relationship Revolution" challenging us to think differently in all aspects of our relationships.

Sincerely,

Trish Pennix
Group Facilitator Team Lead
Samaritan Daytop Village, Inc.



**Samaritan
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