



The  
Relationship  
Foundation

321 E 10th Street  
New York, NY 10009

212 - 477 - 0522 \ [www.therelationshipfoundation.org](http://www.therelationshipfoundation.org) \ [info@therelationshipfoundation.org](mailto:info@therelationshipfoundation.org)

## **FOR IMMEDIATE RELEASE:**

### **Relationship Education Presented to Alternative Learning Center Teachers**

New York City Department of Education, Bronx, NY - May 12, 2017 — Nearly 50 teachers from eight Alternative Learning Center schools in the Bronx gathered at New York City’s Department of Education Friday afternoon for a presentation on how to build healthy relationships with students, hosted by The Relationship Foundation.

Marla Aviles-Lopez, an Assistant Principal and Education Management Professional at the NYC Department of Education, said “the presenters were knowledgeable and gave practical examples. [What served me most] was the interactive, hands-on conversation to practice empathy.”

Josette Smith, a school counselor at the NYC Department of Education, said the presentation was “very informative on a social and personal level as well as on a clinical level.”

Headed by Michael Jasz, the Founder and Executive Director of The Relationship Foundation, the presentation lasted approximately two hours and involved interactive activities, time for questions, and subsequent interviews.

“Relationship education is the missing component in our educational system.” Jasz said before the presentation. “It’s core to the learning process.”

The Healthy Relationships 101 curriculum can be tailored to any class structure, whether it be in-class instruction, assemblies, parent and teacher workshops, or professional development.

The Relationship Foundation, headquartered in New York City, implements relationship education into schools and organizations nationwide. The organization teaches the fundamentals of Nonviolent Communication, empowering individuals to articulate their needs and feelings without blame and judgment and to listen empathically.

Founded in 2008, the Foundation’s book titled, “Healthy Relationships 101,” provides a communication skill set that can empower anyone to express confidence, leadership, and empathy in all of their relationships. It has been introduced into schools throughout New York City and the United States.

###

About The Relationship Foundation. It was founded in 2008 to teach the fundamentals of Nonviolent Communication, empowering individuals to articulate their needs and feelings without blame and judgment, and to listen empathically. Their curriculum has been used nationwide in high schools, middle schools, mental health facilities, women’s crisis centers, prisons and even the army. Marianne Williamson, internationally acclaimed spiritual author, lecturer and popular guest on Oprah, has said: “Given that we’ve discovered how to send a man to the moon but haven’t figured out how to get along any better than we do

among ourselves, nothing is more important in these times than that we learn how to form and maintain quality relationships. 'Healthy Relationships 101' provides tools that all of us need in order to bond in meaningful and healthy ways with others. Especially for our young people, this is truly a much-needed gift."  
[www.therelationshipfoundation.org](http://www.therelationshipfoundation.org)

About the Bronx Alternative Learning Centers (ALC's). Alternate Learning Centers promote pro-social beliefs, attitudes and behaviors in students, offer a core academic program and provide intervention measures that build students' capacity to return to school better able to be productive and engaged members of their school communities. <http://schools.nyc.gov/Offices/ALC/default.htm>

Media contact: Sylvia Schwartz at [sylvia.b.schwartz](mailto:sylvia.b.schwartz) or 201-424-1100.