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Reviews from Organizations and Schools Using Healthy Relationships 101

“Healthy Relationships 101 handouts guide our groups into life change and thought provoking discussions. One [inmate] even mentioned that he has been sharing with his wife during phone calls. Thus the power of this curriculum is changing lives, families and communities as our participants are given a new way to think about relationships. Healthy Relationships 101 is truly a “Relationship Revolution” challenging us to think differently in all aspects of our relationships“

Trish Pennix

**Group Facilitator, Team Lead (Rikers Island)
Samaritan Daytop Village
Queens, NY**

“Upon introducing the empathy lesson, my group members responded with an open mind. They related to the material, which led to a full discussion of their behaviors and the impact it has had on others, giving them an opportunity to step in another’s shoes. It provided perspective and understanding of their behavior and its impact on their loved ones and the surrounding community. This population will truly benefit from a fuller understanding of boundaries, empathy, and respect.”

Kathleen Burns

**Sex Offender Treatment Counselor
Otero County Prison Facility
Chaparral, NM**

“We are using the curriculum, and the inmates have been receptive to it. How to differentiate between what is a “request” vs. a “demand” seems to blow their minds!! We like the concept of reducing conflict by the idea of it’s not the needs that are a problem, it’s the strategies to meet those needs. There’s some really good stuff in your book that helps to put the information from the sessions in context.”

Corinne Kiedrowski

**Unit 6 (Pre-Release)
Wisconsin Prison Resource Center
Winnebago, WI**

“I found your curriculum online. I am currently tasked to teach inmates enrolled in the reentry program about marriage. In our last two years of meeting with the brothers at the detention center, we noticed most, if not all, are not married, but are in a relationship of some sort. We decided to focus on relationships with marriage being the goal. My search for a standard curriculum on relationships led me to your site. I reviewed the empathy session in the guidebook and that hooked me.”

Ken Stevenson

**Prison Counselor
Inmate Reentry Services
Philadelphia, Pennsylvania**

"We are currently using the guidebook in workshops and seminars for our violence prevention unit in the hospital. We have a father's workshop to help men who struggle with family roles and responsibility. We are witnessing significant change in our clients and the empathy piece is producing great results. The same goes for the work we do with couples. In addition, we are on the 9th session in an alternative high school where students receive English credit for taking our course. They are very engaged by the work."

Kristen Partlow
Violence Prevention Coordinator
Community Health
CHI St. Joseph's Health
Park Rapids, Minnesota

"I am working with addiction and mental health clients. Many of the triggers to previous behavior have been sighted as a reaction to poor communication and confrontation with loved ones. We meet 2 hours a week and do one unit at a time depending on where the conversation goes. Clients are now forming articulate, empathic, nonjudgmental requests as we are finishing session 4. We do pairs, role plays, and I give homework which uses the new skills. Clients report back how it worked for them or what they experienced. Positive feedback has prompted me to start a new group with new people so more people can benefit."

Stephanie Sireix, MS, LPC, CADCI, QMHP
Polk County Behavioral Health
Dallas, Oregon

"I am using the curriculum in an alternative school for middle and high schools students. It's been excellent! Many of the students in my groups have behavior problems, self-esteem issues or just plain old teenager issues. The curriculum is really helping them understand thinking of others needs, having empathy, understanding the difference between needs that are met and not, feeling etc. I really enjoy using it, the teachers are so thankful to have me there facilitating it and the counselors/case managers are really excited to see the students start talking about things in a healthy way."

I have been spreading the word about your book and the guide to other advocacy centers and at meetings. It's been well received in my schools and I hope that be it spreads to many, many more. "

Jennifer Azzarano
Education Specialist
Beyond Abuse
Greenwood, SC

"I recommend Michael Jasz and The Relationship Foundation, because after teaching in inner city schools in London and New York City, I have never come across a provider of learning for teachers and students, that addresses the fundamental need in public education for Social and Emotional Learning in such an inspiring and academic way."

Rebecca M.K. Centeno
Teacher
John Adams High School
Queens, New York

"I am a Special Education Teacher with over twenty years' experience working with at-risk youth. I have a degree in Rehabilitation Counseling and currently run the Behavior Program at a

large suburban high school. I have worked with children with every type of diagnosis known to medicine and psychology. Throughout my work, I've discovered that in treatment centers, juvenile justice systems, alternative schools, community programs, public schools and case management services for children ages 8-17 diagnosed with Autism, I have seen what remains constant are behavioral challenges. Many of the children in our RTI and Special Education programs are communicating loudly through their behavior but they are not equipped with the vocabulary to reach the people who can help. Having worked with pregnant/parenting teens, kids that were active gang members, and kids that had substance abuse issues and academic issues, I know a curriculum like this could have been of great benefit to them. Healthy Relationships 101 creates a module for increasing relational capacity between students and teachers using best educational practices. "

Donna Wolfe
High School BASE Teacher
Behavior Academic Support Education
Garland, Texas

"We have found the topics to be very relevant and important for our students. Your topics and insights are on point. Since our Advisement periods are relatively short and only meet once a week we have had to pick and pull from the resources provided to create tailored lessons for our teachers to use."

Dianna Moyer
Assistant Principal
South Paulding High School
Douglasville, Georgia

"We're thrilled with the program. We have been using Healthy Relationships 101 in our Life Skills class with Middle and High School students ranging from 10-18. The students are using it to manage sibling, parental and dating relationships. They are aware that relationship skills are some of the most valuable tools that will affect the rest of their lives both personally and academically. This summer, we'll incorporate this program into our co-op classes."

Ty Salvant
Founder Young Scholars
Homeschooling Network
New Orleans, Louisiana

"We have been using the curriculum in class, and it is a great jumping point to keep the kids interested and involved. The content is fantastic, so I appreciate what you guys have come up with!"

Rob Christensen
Middle School Counselor
Thompson Falls Public School
Thompson Falls, Montana

"The program has helped our students not only build self-esteem but it has given them the tools to be effective communicators."

Robert Gentile, Principal
Health Professions High School
New York, New York

"Michael led a rich and engaging workshop on the importance of communication in establishing healthy relationships. Michael was a great facilitator, and the students were actively contributing to discussions and activities. They had fun too!"

Sarah Cacicio
Program Coordinator
Pathways to Graduation
Queens, New York