

Formal Endorsement of The Relationship Foundation's curriculum

From the desk of Dr. Vincent J. Felitti

“The Healthy Relationships 101 Curriculum is an important and promising program being introduced in NYC public schools. Its ultimate goal is to improve the personal and social lives of students by focusing on interpersonal relationships, as well as advancing their conventional education. The impressive approach is based on major recent findings that explain how unspoken adverse childhood experiences, which are common despite being overwhelmingly unrecognized, affect our socioemotional function and well-being, as well as our educational and occupational success.

The Nonviolent Communication approach used to understand, explore, and teach basic relationship phenomena (such as interpersonal awareness, empathy, and self-expression) are highly imaginative as well as interactive. The Healthy Relationship 101 program has enormous potential and holds real promise for improving society.”

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