

9/21/23

## To Whom It May Concern:

The Relationship Foundation, led by Executive Director, Michael Jascz, recently presented at the 2023 Krimes Against Kids Conference on: the Neuroscience of Trauma and Resilience and Nonviolent Communication; the Most Effective Life Skill Ever. Feedback from participants was stellar: The speaker was fabulous.... grounded, humble, professional and entertaining."

"The speaker was honest and funny, and I loved his presentations!!" "He had many useful resources. I loved that he broke down the functions of the brain and the understanding of neuroplasticity, emphasizing that healing from trauma is possible and can occur given the proper tools. I will be using tactics I learned in this presentation to help other people."

"Michael gave us a chart of feelings and needs used in Nonviolent Communication that I intend to utilize in my work with clients and families to better understand them.

"This speaker and this session were my favorite session of the conference! The information provided is very useful in everyday life, not just work relationships!"

"The exercise on empathic listening really helped me get a better understanding of what it is and how to use it." This presentation was awesome!"

I highly recommend The Relationship Foundation.

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