## **NYCNVC**

## The New York Center for Nonviolent Communication

August 10, 2012

## To Whom It May Concern:

This letter is to recommend Michael Jascz and his program Healthy Relationships 101. As a Certified Trainer with the Center for Nonviolent Communication (CNVC.org), and as Michael's principle trainer in the area of Nonviolent Communication (NVC), I have watched him develop this program and his own personal practice of NVC for over 5 years.

By continuously and tirelessly immersing himself in this work, Michael has developed a practical, understandable and effective program in human relationships that contributes to students in ways no other program (that I have ever seen) has been able to.

If you would like to speak with me regarding Michael, I would be happy to oblige.

Sincerely,

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